

Emergency First Aid at Work

www.utopiatraining.net 0151 426 6236

£15.00
Per Person

Course Duration 6hours
Learning Aims/Outcomes

- Role of the first aider
- Principles of first aid
- First Aid regulations
- Managing Incidents
- Examination & Assessment of injury
- Cardio pulmonary resuscitation (CPR)
- Using an Automated external defibrillator
- Recovery Position
- Bleeding and burns
- Choking
- First Aid kits
- Reporting & recording accidents

SAVE A LIFE

